2018 ACR Fellow Addresses

Kids Say the Darndest Things: Insights from Children's Consumer Research

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When I was a young girl, one of the most popular TV shows was called "Kids Say the Darndest Things." The show was hosted by Art Linkletter, who interviewed young children asking them for their views on a variety of topics, such as marriage, family, jobs, and the like. Apart from being cute, and quite funny at times, children's answers often provided an interesting perspective on life. Here's as a sampling of children's answers to the question of what they want to be when they grow up (Linkletter 2005):

"I'd like to be six. I'm tired of being five. I've been five for a whole vear."

"I want to be a nurse and have all ladies for patients. [Why not men?] Because they complain too much."

"Nothing, because I don't want to grow up. [Why?] Because of the bills you have to pay at the end of the month."

I hadn't thought about this TV show for years, until I started working on this address and began to think about how I could provide a perspective on my career conducting research with children. At first, I thought about the array of topics I've examined—such as children's responses to advertising, developing decision-making abilities, and interactions with brands. Then, I thought about the different theories and empirical findings these investigations produced. But, in the end, what I remember most are my experiences interviewing children, and how they really did say some of the unusual, funniest, and "darndest" things.

And so, with my allotted time, I'm going to tell a few stories about my experiences with children that I still remember to this day—and how they raise questions that go beyond children's research to how we conduct consumer research with any subject population.

SETTING THE STAGE

Very few people listening to this address have conducted research with children. Yet, many of you are parents, aunts, uncles, or grandparents who interact with children. Can you imagine what it would be like to conduct a research study with children? When you've conducted studies, I'm guessing that none of you has had the following happen:

- After introducing yourself and explaining you are from a local school, your participant says: "Aren't you kind of old to still be in school?"
- One of your participants doesn't show up, and you get the following explanation: "Steven won't be doing the study today. He's in the principal's office for shoving another boy into a hall locker."
- At the end of the study, you ask a participant if they have any questions for you, and one of them asks "Do you really get paid for doing this?"

Welcome to my world. Here are some of the challenges that await if you want to conduct research with children. It's a world where you can't just give surveys to participants to fill out because many of them can't read. It's a world where a participant's response to a question about why they feel a certain way or chose a certain

option often consists of one word: "Because." It's a world where you can't ask participants to write down their thoughts because....well, they don't know how to write yet or it's too hard to try to explain what a "thought" is to them.

Due to these challenges, most of my research with children has been conducted via one-on-one interviews, with research procedures and tasks specially designed for the age group being studied. Because there is a need to interact closely with your research participants, you have opportunities to observe more than just the answers to your specific research questions. You have an opportunity to see if they struggle, are excited, or interested in your research. You have the opportunity to see how they interact with your research task and materials. And, quite often, you have the opportunity to hear things you never anticipated, which leads me to my first story.

STORY #1: RESEARCH ENGAGEMENT

I conducted my first research project with children while I was a doctoral student. Although I had never conducted research with children, I felt relatively confident about running the study because I had conducted numerous studies while working in a marketing research firm prior to beginning my doctoral program.

And, the study seemed easy enough. The objective of the study to examine whether advertising was more persuasive in shaping product choices for younger versus older children (Roedder, Sternthal, and Calder 1983). We showed 4th and 8th graders an ad for a new product, and then asked them questions about their attitude toward the new product, and asked them to make a choice between the new product versus more established and preferred products. We also included questions about their comprehension of the ad, attitudes toward characters in the ad, overall attitude toward the ad, and preferences in the product category. Nothing extraordinary here for an advertising study.

But, since it involved school-aged children, I did use a different type of response scale for the questions. I selected a smiley face scale, which is often used with children in commercial research contexts. The scale points were variations on a smile and a frown, with a neutral face as the midpoint. I figured answering questions with the smiley face scale would be more interesting and fun, in addition to being easier to understand for children of all ages. The resulting survey was 8 pages long, with four questions and smiley face scales on a page.

When I conducted the study at local schools, it seemed to go well. I ended up having to read the survey, one question at a time, to 4th graders because a small number had reading difficulties. But, apart from this unexpected development, I didn't see any red flags. Most of the participants seemed excited as they entered the interviewing room, and loved the idea that they were going to watch something on TV. After seeing the ad, they dutifully marked a smiley face for each question, and were delighted to hear about the gift bag they would receive at the end of the day for helping with the study.

Toward the end of the first day of data collection, I decided to ask a few of the children how they liked participating in the study. The first couple of responses were "OK" or "good." Then, one of the 4th grade boys piped up and said: "It was worse than school." I knew

the list of things worse than school was probably pretty short for an 8 or 9 year-old boy....so, this was something to pay attention to.

The next day, when the study resumed, I spent time observing the children....looking for evidence that they were getting tired, bored, or generally less enthusiastic as they filled out the surveys. I did see several children who looked less engaged as they flipped through the survey. I remember one boy who swiped his hand across his forehead, with a motion that indicated he thought it was hard work. Some of the children were losing their focus as the study wore on; they started looking around and seemed less interested. Gee... maybe filling out a survey wasn't as much fun as I thought, even though it had a bunch of smiley faces all over it!

Although the research project was a success, I could see that I was going to need a different approach to do research with children. I was interested in working with much younger children in my subsequent research, and wanted to be able to capture why children of different ages responded in different ways. For children, it seemed that the quality of the data collected, and inferences I could draw, depended on developing research procedures that would be engaging to children. I reasoned that when children were more engaged, they would be more likely to be involved in the questions I would pose, and would be more interested in communicating their thoughts to me. I started developing more interesting tasks, games, and stimuli for my research, specifically meant to engage children.

This story raises a question for all of us, regardless of whether we are conducting research with children or adults: Should we place more importance on designing research that engages our participants? My sense is that really engaging participants in our research tasks is seldom top of mind when we are designing studies, and I wonder if it should be more of a priority. In my experience, it is more difficult to design and implement research with this objective in mind. We need to create our own research protocols and tasks, and we may need to conduct this research in person instead of online. In other words, there could be costs to designing research with participant engagement in mind.

What are the possible consequences of not increasing engagement among our participants? One possible consequence is that our participants pay less attention and are less interested in responding to our queries. The percentage of research participants who cannot answer simple comprehension checks at the end of a study seems to be rising, whether the study is conducted in a lab or online. Sometimes, a significant number of participants can't answer a simple question about something they read or something they did during the study. Of course, there have always been a few slackers in our studies. But, I'm *not* talking about a few people....I'm talking about 10%, 15%, 20%, or more of research participants who didn't pay enough attention to answer a simple comprehension check.

Well, you say, we can just increase the sample size to account for the participants who don't pay attention. Fair enough. But, consider the idea that lower levels of involvement may affect the very nature of our results. Do unengaged participants think and act differently? We know that people with a low level of involvement pay attention to and process more peripheral information, and less central information, than people with a higher level of involvement (Petty and Cacioppo 1981). By extension, perhaps low involvement participants are particularly influenced by seemingly peripheral cues in our studies, including subtle manipulations that would appear inconsequential on the surface. On a related note, perhaps subtle primes have more influence with less involved subjects, who use these cues as heuristics rather than more deeply processing or considering other information. I don't think we know the answers to these questions

about engagement, but I would argue that it is definitely worth our consideration.

STORY #2: THE VALUE OF DISCOVERY

I had the opportunity to put my newly learned lesson about designing more engaging research as I began a new stream of research on children's decision making. The major question addressed here was whether children were adaptive decision makers, and at what age they begin to exhibit this ability. To begin, I decided to focus on children's abilities to make trade-offs between search costs and search benefits when making a choice (Gregan-Paxton and John 1995).

The standard approach for studying these types of questions with adults was to give them a matrix of information, with columns labeled with the names of different products/brands and rows labeled with attributes of these products. The attribute information for each product would be covered so it could not be seen until the participant asked to uncover it. By observing how participants chose to uncover the attribute information, inferences could be made about the way in which they searched for information. Search costs could also be introduced to observe how search patterns varied when searching for information prior to making a choice was not costless.

Clearly, this research methodology could not be used for young children who couldn't read yet. Further, the idea of decomposing a product into individual attributes, some of which were abstract in nature, would be foreign to the youngest participants in the study. So, a different experimental approach was called for....which resulted in developing a game that we called "House of Prizes."

In this game, children were shown two houses made out of a cardboard box. We cut out four windows on each house and covered them with a cloth curtain to hide what was in each window. Behind each curtain was a small prize, such as a colorful ball. Children were told that they could pick one of the houses, and they would receive all the prizes behind the windows for that house. To manipulate low search benefits, half of the children were told that the same prize was behind each window of a house; thus, there was little to be gained once one of the windows was opened for each house. To manipulate high search benefits, the remaining children were told a different prize was behind each window; thus, there was a lot to be gained by opening each of the four windows of each house before making a choice. To vary search costs, children were given several pieces of candy. For the high search cost condition, children had to give up one piece of candy for each window they wanted to open. For the low search cost condition, children were allowed to open as many windows as they wished, without having to give up any of their candy.

By observing the choices children made to open windows in the houses, we were able to observe how children adapted their search behavior according to the level of search benefits and search costs. The findings were consistent with our predictions for the younger (4-5 years old) versus older children (6-7 years old). There was evidence that the youngest children in the study had emerging abilities to adapt to search costs, but the older children in the study seemed to more readily adapt to both search costs and search benefits. In other words, the older children were more strategic in their search behavior, reducing the number of windows opened when the benefits of search were low *and* search costs were high.

However, something interesting happened that we didn't expect. After the first day of data collection, we noticed an interesting search pattern in the high search benefits condition, where there were four different prizes in each house. A few children opened three or four windows in one of the houses, and then chose the other house

as the one they would receive prizes from. This seemed like a potentially sophisticated way to play the game—find out what prizes are one house, and if you don't really like any of them, pick the other house. To confirm our suspicions, we decided to ask children who exhibited this search pattern about it the next day.

Sure enough, one of the first children we interviewed that day opened all four windows of one house, and then picked the other house. When we asked them why they picked the other house, they said: "I want to be surprised!" We heard the same thing from a couple of other children. Hmmm....how puzzling. Isn't the whole idea of searching for information to reduce uncertainty and be able to choose an option closer to our preferences? Why would you want to choose something that you don't know anything about at all? The more we thought about, though, the more it made sense. Surprises are good things when you're a young child—a surprise birthday gift, a surprise trip to get ice cream, or a surprise gift from Santa Claus. Some of the children were simply trying to create a situation where they could have a surprise.

This story raises a question about the role of surprising findings in our research: Should we place more value on the process of discovery in our research? Of course, no one really wants bad surprises—manipulations that fail, participants that don't show up or pay attention, or inexplicable patterns of findings. But, what about good or interesting surprises? Perhaps this is more a question for experimental research given that qualitative research is often focused on the process of discovery. However, regardless of the type of research, should be embrace and communicate surprising empirical findings in our articles and other writings? I would argue that, although most experimental research is rightly focused on findings that relate to our predictions, there is a role for reporting surprising findings that could spark additional research and lead us down interesting pathways for future research.

Take the idea of surprise as a motivation for consumer choice, which was a discovery we made while researching children's decision making. Consider for a moment the idea that this motivation may also exist in adults, but we just haven't explored it as an aspect of consumer choice. I would suggest that there is some evidence to this effect. Consider the popularity of subscription services, such as Birchbox, where subscribers receive small samples of different brands of makeup several times a year. Although marketed on the basis of being able to sample new products, I believe part of the appeal is that each shipment offers a surprise for the consumer. Instead of the tedious process of searching through cosmetic displays in stores or searching through volumes of available cosmetics on online sites such as Sephora, a Birchbox subscriber experiences a surprising collection of new and different cosmetics with every shipment that arrives at their door.

The role of surprise in consumer choice also seems to be alive and well in the travel industry. Firms such as Magical Mystery Tours and Pack Up + Go offer vacation packages to consumers where the destination is a total surprise. You arrive at the airport with your baggage and no idea of where you are going. You only have a sealed letter from the travel agency, which you cannot open until you receive an email from your travel agent with the subject heading "Open Your Envelope!" Only then is your travel destination revealed (Kronsberg 2018).

I'm definitely not in the target market for this experience. I get anxious when my plane takes off 5 minutes late. But, apparently, a significant number of consumers have tired of doing research to pick their destination, checking Trip Advisor for the right hotel, and reading travel guides to plan their tours and activities. Maybe it's all too

tiresome, and what we want is to be surprised every once in a while. Sounds like something worthy of further investigation!

STORY #3: SHOW ME THE MONEY

My final story is about a research project I conducted to understand whether children could be encouraged to drink more milk if we added new varieties of milk (such as fruit-flavored milk) to the assortment available in stores (John and Lakshmi-Ratan 1992). One school of thought was that adding new varieties would not change the consumption of milk—children would choose to drink the same amount of milk, but would substitute an existing variety (e.g., 2% milk) for any new variety (e.g., peach milk). A different school of thought, and our prediction, was that adding new varieties of milk would increase milk consumption for younger but not older children. Our prediction was based on the idea that younger children haven't yet established strong categorization schemes for products, and would see new varieties of milk as something new to drink, as opposed to seeing it as just another variety of milk.

For this study, we conducted interviews with children from 4 to 12. We showed children a product display of different varieties of milk and different varieties of juice, and asked them to allocate 16 coins of play money to the beverages they would want to drink. Essentially, this was a constant sum allocation task that was designed to make it understandable to young children. Our participants were asked to make their choices using the coins, and were then given gift bags for their participation. Their parents received a cash incentive, as is common in commercial marketing research contexts.

I was waiting near the door of our interview space, talking to one of the parents, when her adolescent son walked up, having completed the study. I thought it would be the perfect time to thank him for his participation, letting him know that he played an important role in our research project. He looked at me, nodded his head, and said: "Hey lady, we're just here for the money."

This story raises a question about monetary incentives in our research: What role do monetary incentives play in our research findings? If people see their participation as a form of work for hire, does that change the way they respond to our questions? Many of us rely on MTurk workers to collect data. Note that they are called workers, not consumers. They give us data in exchange for money. Like all employees, they sometimes complain about the amount of money they are paid or how quickly they are paid.

I wonder if monetary compensation changes the mindset of our participants. Maybe they respond more to our research as workers, not consumers. When I worked in marketing research, we would recruit people for focus groups and surveys by telling them that their opinions were important and would provide important input to the company making decisions about the products. Sometimes, we even mentioned that their opinions would help decide if a product would be produced and sold, or what varieties of the product would be offered. Of course, we also offered a monetary incentive, but the idea was that we wanted them to feel that their participation was important and based on something other than just money. I'm not entirely sure who cooked up this protocol, but it did seem like a good thing to remind participants that we thought of them first as consumers, who had opinions we valued.

I do think it's worthwhile to engage participants in a way that puts them in the mindset of a consumer, not a worker....whether it's an undergraduate student or an MTurk worker. Perhaps it goes back to my first story about engaging participants in our research, and eliciting the mindset of a consumer, not an employee. On occasion, I think we tend to forget about the person staring at a computer screen who is participating in our research. We need to figure out how to

engage our participants as consumers we want to hear from...even if they originally decide to participate for the money.

IN CLOSING

In closing, I would like to thank all the little people that made my research possible. In my case, I'm actually talking about little people.....over 5,000 children and teens who participated in my studies throughout my career. They answered questions, played games, and tried their best to be engaged in the research studies we brought to their schools, day care centers, and community centers.

I would also like to thank all the big people, or adults, that made my research possible. I'm grateful to a wonderful set of co-authors, doctoral students, and colleagues that contributed to my work with children as well as adults. It really wouldn't have happened without you!

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2018 ACR Fellow Address

Tribute: Thank You Consumer Research and Marketing!

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PREFACE

I prepared this talk two weeks after my mom passed away. A kind colleague who did not know my mom told me my mom must be proud of me. I was taken aback because my mom would never say anything like that to me or any of her children. We all did very different things, and for her to say she was proud on any one occasion might imply she was not proud on other occasions. So her response was always the same – did you like it, did it make you happy? In that spirit of unconditional acceptance and love that my mom gave me, I want to share with you what I like doing and what makes me happy. I do this with the hope that you will continue to find what you like to do, and what makes you happy.

1. The role of marketing and consumer research in society

I love being an ambassador for consumer and marketing research. Increasingly, it is important to market how we create consumer and marketing research, and to communicate its value. Business in general, and marketing and finance in particular, is often blamed for lowering well-being by placing profit before people. Advertising and branding are seen as the root causes of a materialistic society, the hallmarks of which are unhappiness and debt. Lack of financial security is blamed on Wall Street greed. And increasingly, consumers are blaming companies for their poor health and rising health care costs. For example, consumers believe advertising encourages people to eat less healthy food and that food companies should provide healthier alternatives. Along the same lines, businesses are blamed for their "take-make-waste" approach toward the environment. There is diminishing trust that businesses will do the right thing, which leads to intense regulatory, political, and public scrutiny of a broad range of commercial activities.

Consumer research has taken a back seat when it comes to solving important consumer problems. Behavioral economics (BE) is frequently touted as offering simple solutions to everyone's decision-making challenges. BE researchers espouse that policy-makers, managers—indeed anyone—who makes a decision can improve their outcomes by simply being aware of the biases that affect their decisions. Although there is clearly value in recognizing potential decision-making biases that may exist, we continue to put more faith in the concept of BE than in the theoretical underpinnings of biases and the practical guidelines for BE, which are based on rigorous scientific evidence about what really works in the field. To the best of my knowledge, there are no conceptual guidelines on how to use BE to get consumer buy-in.

My Fellows address will connect a much needed conceptual model with empirical support for leveraging the use of marketing and consumer theory to change consumer well-being behavior. Specifically, I demonstrate how we can use deeper consumer insights to enhance consumer empathy and engagement to help consumers achieve their goals.

2. A modified Segmentation, Targeting, and Positioning Framework

I'm going to make a bold claim: we cannot change behavior without insights from both marketing research and consumer research. Why? Because marketing gives us a behavior change process, while consumer research gives us the theory to help create a robust intervention. There are three reasons for this dichotomy. First, consumer research provides insights on why people are persuaded, and this is a necessary but not a sufficient condition for how to persuade people. Second, we are all familiar with the factors that lead to inconsistencies in attitudes and behavior; the main factor is the impact of contextual factors on behavior. I am being more extreme here than necessary, but I predict that, compared to consumer researchers, marketers who are focused on behavior change are more sensitive to context effects. Third, similar to the why and how of persuasion, consumer research theory is a necessary but not a sufficient condition to help consumers attain their own goals. Marketers are more likely to research consumer goals. Although it is not always evident how theory and application are connected in consumer and marketing research, I am happiest when the link is a goal of the investigation. The figure below describes a four-step process for integrating consumer insights and a marketing process for effective social behavior change.

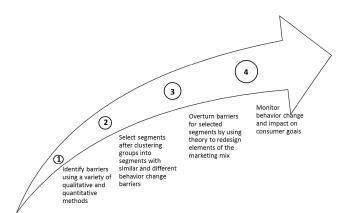


Figure 1: Process for designing effective behavior change interventions

Consumer barrier segments

despite their avowed consumer centricity, consumer researchers rarely address the challenges their consumers grapple with when making a decision. By contrast, social marketers focus on compliance barriers because the default is status quo behavior. I study avoidant behaviors in the health and wealth domains. So instead of creating benefit segments, I create segments of consumers with similar compliance barriers. I use a variety of qualitative and quantitative methods to identify barriers—I have learned how to be an observer, do in-depth and motivation interviewing, and run focus groups, in addition to taking surveys and gathering secondary data. After clustering barriers, I identify consumer characteristics to help identify segments.

Then I use theory to identify key mediators with corresponding interventions to change behavior. I love attending ACR sessions on

many topics to collect theoretical mediators that influence decision-making. I enjoy sharing consumer research insights with researchers from other disciplines. For example, in a recent project on tailoring medical services, I included a subject expert (in this case a primary care physician), an artificial intelligence expert (because we are using data to learn about consumers' future preferences based on their current consumption habits), a psychologist who is an expert on habit formation, and a health economist who understands electronic health records and health data sources.

Finally, I measure behavior change. As a social marketer, successful behavior change is measured by enabling consumers to achieve their goals.²

I would like to share three projects with you to demonstrate this process. In the interest of time, I am going to skip the second step which essentially uses cluster analyses to form barrier segments. Instead I will focus on steps 1, 3 and 4.

CASE 1: HOW CONSUMER RESEARCH AND MARKETING WERE USED TO INCREASE ENROLLMENTS AND PARTICIPATION LEVELS IN RETIREMENT SAVING PROGRAMS.

Background

My first case is about saving money for retirement. Around half of American households have no retirement accounts at all. No 401(k)s, no IRAs, nothing. You might think that's because they're all expecting pension income in retirement. In fact, according to the Government Accountability Office (GAO), around 29% of households age 55 and older have neither retirement savings nor a pension.³

Identify Barriers

The default setting for retirement saving programs is automatic enrollment because there are too many compliance barriers (such as income, financial literacy, status quo bias, among others) to do the opposite.⁴ As a consumer researcher, I and my co-authors hit the pause button and asked if there was an alternative option when it is illegal to automatically enroll people, or when automatic enrollment does not lend itself to engagement and sustainable compliance.

Use Theory to Design Interventions to Overcome Barriers

We used the anticipatory regret and regret aversion literatures to design an alternative choice format, which we call Enhanced Active Choice. The intervention is a forced choice that highlights the benefits of the communicator-preferred option and the cost of the status quo. Enhanced Active Choice might reframe the alternatives as a choice between: "I want to enroll in a 401(k) plan and take advantage of the employer match" versus "I don't want to enroll in a 401(k) plan and don't want to take advantage of the employer match."

Although it may appear obvious, reminding people of what they will lose if they opt for the non-preferred alternative can have a powerful impact on choice. This is because decision makers are unlikely to seek out information about the costs of remaining with the status quo without prompts (Thaler & Sunstein, 2008)⁶, especially if such thoughts evoke negative emotions like anxiety and regret (Luce, 1998).⁷ We believe regret and dislike for the non-preferred alternative will be more marked when the costs of non-compliance are highlighted in the choice format.⁸

Measure Behavior Change

I partnered with NARPP (National Association of Retirement Plan Participants) to employ Enhanced Active Choice in a new retirement savings enrollment form. The end result was a 25% increase in voluntary enrollment in the Sponsor's 457 plan, and a 600% increase in the use of an auto-escalation program such as SMarT (Save More Tomorrow).

CASE 2: HOW CONSUMER RESEARCH AND MARKETING WERE USED TO REDUCE HOSPITAL READMISSION RATES FOR HEART FAILURE.

Background

Congestive heart failure (CHF) is a common disease, with an estimate of more than 5.8 million cases in the United States alone, and is one of the main causes of hospitalization in elderly patients. A whopping one-third of these patients return to the emergency room because they experience a heart failure episode every 60 days! Taken together, these factors create significant risks for re-hospitalization; U.S. rates for 30-day readmission for patients with CHF are between 20% and 25%. The CMS (Center for Medicare and Medicaid Services) challenged us to reduce hospital readmission rates for this population.

Identify Barriers

Most educational programs for CHF during hospitalization focus on increasing motivation to follow recommendations about medications, diet and activity. Heart failure patients face several barriers—patient, disease, professional, and system-related—to self-efficacy and knowledge about their disease condition and needed behavior change. Patient symptoms and co-morbidities prevent them from expressing concerns due to conditions such as fatigue, dementia, and poor eyesight, and patients can omit information due to lack of time during the consultation. Symptoms like confusion and short-term memory loss create problems with maintaining knowledge about the disease condition.

Use Theory to Design Interventions to Overcome Barriers

Extant educational programs for CHF focus on the benefits of compliance. Less emphasis is placed on increasing the patient's ability to overcome barriers and using external triggers to cue the individual to action. Overcoming challenges that undermine self-efficacy is a key to behavior change and improving health outcomes. Incorporating methods that include patient empowerment by overcoming compliance barriers could improve the hospital to home transition.

To test this hypothesis, we conducted a prospective pilot study to improve patient empowerment in CHF education to see if our tools would improve outcomes of 30-day readmission or death. The first tool, three barrier cards, was intended to increase patient self-efficacy by addressing barriers to compliance. ¹⁰The second tool, a refrigerator magnet, was intended to serve as an external stimulus to behavior change by highlighting the consequences if one does not undertake the recommended actions. We examined the effect of these two tools on readmission and patient and provider satisfaction.

The six-person heart failure education team and study investigators were trained to show each heart failure patient three cards with each key recommendation (daily weight, fluid restriction and medication adherence) written on a card. The team was instructed to tell each patient that they empathized that it was challenging to follow the recommendations and that other patients had also faced

challenges. The team then encouraged patients to share their challenges and barriers. The heart failure education team was provided with a Frequently Asked Questions and Answers sheet for each of the compliance barriers associated with limiting fluids, daily weight checks, and medication adherence.

Measure Behavior Change

The patients in the two groups were similar in age, gender and risk-for-readmission score. The rate for 30-day readmission in the intervention group was 13.8% versus 19.9% in the matched control group.¹¹

CASE 3: HOW CONSUMER RESEARCH AND MARKETING WERE USED TO REDUCE THE ACQUISITION AND TRANSMISSION OF THE HIV/AIDS VIRUS.

Background

One in five Africans is infected with the HIV/AIDS virus, with the number being close to one in three in some countries like Zimbabwe. PSI (Population Services International) redesigned their VMMC (voluntary medical male circumcision) program to increase motivation to get circumcised.

Identify Barriers

Consistent with consumer research on identity and stigma, barriers were categorized into cultural (religious and national barriers), identity (moral/stigma, gender/masculinity), relationship (sexual preferences), and emotional (shame, guilt) barriers. ¹³

Use Theory to Design Interventions to Overcome Barriers

After identifying the target audience barriers, consumer insights were applied to encourage South African males to get circumcised. For example, some men connoted circumcision with reduced masculinity, and this was overcome by asking VMMC ambassadors to wear karate clothes in village theater events. Others believed the circumcision campaign took advantage of those with weak economic status, and this was overcome by using political leaders as role models. Feelings of shame associated with circumcision were counteracted by using entertainment stars as spokespeople, and by disseminating information through new channels such as schools and workplaces. Finally, female significant others were enlisted to reduce morality biases by shifting the emphasis from health to hygiene and fun.

Measure Behavior Change

The redesigned marketing program has resulted in more than one million males opting-in for the VMMC program.

Communicating the Value of Marketing and Consumer Research

I depend on many other partners in addition to the cross disciplinary investigating team. I work with several government agencies to understand the regulatory environment, to emphasize the importance of education and choice, and to help with dissemination. The cases I share here indicate that my work depends on government agencies like the CDC and OFEFA (Office of Financial Education and Financial Access) at the U. S. Department of Treasury, foundations like NEFE (National Endowment for Financial Education) and NARPP (National Association for Retirement Plan Participants), and firms like CVS Health and Blackrock.

SUMMARY

My work is about integrating consumer insights and a marketing process for identifying and overcoming barriers to designing successful behavior change interventions. This approach provides a unique opportunity to enhance consumer empathy, engagement, and empowerment by addressing important consumer challenges. If used systematically, this approach can become an indispensable method for increasing the effectiveness of social marketing.

ACKNOWLEDGEMENTS

To my parents who taught me I could never be denied. To my husband Kevin who is my biggest enabler and teacher. To my daughters, Carolyn and Allison, who are a constant source of inspiration. And to all of you who have encouraged me to not define myself by tenure—to keep going despite being rejected and accepted for tenure multiple times. A BIG thank you to all of you who are vital to my happiness.

ENDNOTES

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2018 ACR Fellow Address

On Relevance

Richard J. Lutz, University of Florida, USA

I am truly both honored and humbled to be deemed a Fellow of the Association for Consumer Research. I honestly thought that my time had passed for being considered for this award, so it came as quite a shock to me when it was announced at last year's conference. In fact, similar to Kubler-Ross's five stages of grieving, I found myself going through the five stages of ACR Fellowship: Shock, Elation, Unworthiness, Bargaining, and Acceptance.

In selecting a theme for my remarks today, I considered and rejected a number of topics. One of those topics that I originally rejected kept nagging at me. Eventually, it won out. The focus of my talk is relevance. Hopefully, it will also be relevant!

The concern about research relevance is hardly a new one for our field. It has been lamented since at least the 1980s, by ACR and SCP presidents, by JCR and JCP editors, by previous ACR Fellows, and by other leading scholars. Relevance – or more specifically, the lack thereof – has been identified, and diagnosed. Remedies have been proposed. Journals have been launched with relevance in mind (JACR and JMB). And yet, about a month ago I received a phone call from Jeff Inman, the current editor-in-chief of JCR. Would I consider writing a guest editorial for JCR on the topic of "What is Relevance?" Say what!? Being a firm believer that "there are no coincidences," I took great comfort in Jeff's request that the topic I had chosen is one that is far from settled.

In my remaining time, I shall attempt, first, to answer Jeff's question. Second, I will briefly trace the history of calls for relevance in consumer research, including some very insightful analyses and proposed remedies. Third, I will provide some informed speculation as to why our perceived relevance problem has persisted and what, if anything, can be done about it.

Relevance Defined

Merriam-Webster defines relevance as: "(1a) relation to the matter at hand; (1b) practical and especially social applicability." From this simple definition, it is relatively easy to extrapolate to the notion of consumer research relevance. Consumer research should relate to the matter at hand (i.e., consumer behavior) and should have practical applicability (i.e., implications).

However straightforward these extrapolations may appear, neither is without controversy. For instance, with regard to the matter at hand, many have argued for a very broad construal of consumer behavior. Thus, we have seen consumer research on time usage, voting, and even fertility. It seems that the "matter at hand" is quite a handful. At the very least, the matter-at-hand definition permits a very liberal interpretation of relevance.

The practical applicability definition appears to offer more promise in elucidating consumer research relevance. At ACR's inception in 1970, in addition to the obvious academic constituency, consumer research was construed to be of service to marketing practitioners and public policy makers. It was customary for authors to include a "marketing implications" or "public policy implications" section at the end of their papers.

In the mid-1980s things changed. Early pioneers in what was to become the Consumer Culture Theory (CCT) movement challenged the assumption that consumer research should be "industry's handmaiden." In the words of Tom Tucker (1967), consumer researchers were admonished to study consumers the way a marine biologist

studies fish, not the way a fisherman studies fish. While I firmly endorse that "science *qua* science" philosophy, the unintended consequence of adopting it was that it seemingly devalued consumer research's external constituents. No longer were implications sections a necessity. The only constituents that truly mattered were other consumer researchers (especially editors and reviewers). Ironically, as the "matter at hand" became broader, the audience for consumer research became narrower.

By the early 1990s, concerns about the relevance of consumer research began to surface. In my last *JCR* editorial (Lutz 1991), I identified the need for "greater attention to substantive consumer behavior issues." In order to achieve this, I recommended initiating research by identifying a substantive consumer behavior problem (rather than beginning with a theory to be tested); interacting with "systems experts" (e.g., marketing practitioners) to identify meaningful problems; and conducting research in natural settings.

In 1993 Bill Wells, one of ACR's founding fathers, as well as a past president and Fellow, wrote a brilliant treatise, "Discovery-Oriented Consumer Research" (Wells 1993), in which he challenged the field to conduct more meaningful, relevant research. He asserted that since the birth of ACR, the field had strayed from its original sense of purpose and had moved "...away from the real world." He offered five guidelines for making consumer research more relevant: (1) Leave Home; (2) Forsake Mythodology; (3) Reach Out, (4) Start Small and Stay Real; and (5) Research Backward. Time does not permit elaboration of Wells' guidelines here, but I strongly encourage you to go back and read his paper. His perspective is as useful now as it was then.

Terry Shimp, in his 1994 ACR Presidential Address, echoed many of Wells' criticisms of the field, concluding, "The call for greater relevance is now an inescapable element of the consumer research landscape" (p.2). He further identified five constituents for whom consumer research is potentially relevant: (1) other academics; (2) students; (3) businesspeople; (4) public policy officials; and (5) society at large (p.3). In other words, relevance is with respect to a target audience; a consumer researcher who aspires to conduct relevant research is wise to begin with an audience in mind. Of course, this is commensurate with the suggestion that consumer researchers should have a close relationship with practitioners and consumers themselves, or what Brinberg and McGrath (1985) denoted "systems experts."

A final point that Shimp made pertained to the need for "representation-based" research that places greater emphasis on consumer behavior occurring in the actual marketplace. This viewpoint essentially privileges the study of real-world consumer behavior phenomena over the testing of theories that are typically borrowed from other disciplines. Shimp's notion was that greater attention to real-world consumer behavior phenomena would more or less ensure greater research relevance.

Thus, by 1994, the case was closed. The need for greater research relevance was identified, and several useful avenues for achieving it were specified. Relevant research ensued.

Not so fast.

In 2001, Itamar Simonson et al. titled their *Annual Review of Psychology* chapter, "Consumer Research: In Search of Identity." In

it, they noted some troublesome trends. (Non-CCT) consumer research in JMR and JCP was largely conducted on student samples (\approx 75%) in laboratory settings (\approx 90%), hardly the real-world settings envisioned by Lutz, Wells, and Shimp. Furthermore, Simonson et al. identified another disturbing aspect:

".... consumer research articles increasingly emphasize the managerial implications of the findings...Yet, few managers (or consumers) read consumer research articles that are published in major journals, and the issues investigated are typically not at a level that is of much use for them" (p.264).

They also observed that, with a few exceptions, "...most articles published in the leading journals have examined more generic topics such as choice and attitudes. Thus it is sometimes unclear what differentiates consumer research from other disciplines" (p.263, emphasis added).

Ultimately, Simonson et al. argue for more attention to the substantive domain (i.e., real-world consumer behavior) as well as research that identifies "generalized empirical phenomena" (i.e., descriptive research) as a starting point for theory building.

In 2003, at the end of his term as *JCR* editor, David Mick raised similar concerns. In addition to delineating a number of pressing real-world consumer problems worthy of the field's research attention (that presaged his subsequent founding of the Transformative Consumer Research movement), he echoed previous calls for greater research relevance. He also noted the imbalance between theorytesting research focused on mental phenomena and research on actual consumer behavior in natural environments.

In his 2006 ACR Presidential Address, "Meaning and Mattering Through Transformative Consumer Research," David threw down the gauntlet by calling for Transformative Consumer Research (TCR), i.e., research "... framed by a fundamental problem or opportunity, and that strives to respect, uphold, and improve life in relation to consumption" (p.2). He went on to argue that ACR had done little to bring its considerable talents to bear on those sorts of topics and laid out a game plan for making TCR a reality. Twelve years later, TCR has enjoyed considerable success (Davis, Ozanne, and Hill 2016). I point you to the TCR tab on the ACR website to learn more about this exciting movement. Similar to a new product launch, it has taken some time for TCR to gain widespread awareness and appreciation. Despite the fact that TCR offers a clear pathway to greater consumer research relevance, only a minority of ACR members are active TCR participants, and the overall field has continued its soul-searching.

In 2007 JCR editor John Deighton expressed concern in an editorial that consumer research was not sufficiently differentiating itself from other social sciences and thereby was foregoing the opportunity to make unique contributions to knowledge. He made a plea for more "concreteness" and less abstraction, with the thought in mind that more concreteness would imply a strong focus on unique consumer behavior phenomena. Ultimately, consumer research should be "valued by others." Of course, who those "others" are is a key question.

In his introduction to the 2008 *JCR* special issue on TCR, David Mick noted that, "over the years, unfortunately, the field of consumer research has generally under-prioritized scholarship for alleviating problems and advancing opportunities of well-being" (p.377). He also recounted the early success of the TCR movement in fostering more broadly meaningful consumer research. The thirteen papers appearing in that special issue have garnered nearly 4,000 Google Scholar citations in the past decade.

My colleague Chris Janiszewski, in his 2009 ACR Presidential Address, addressed the need for consumer researchers to make a unique contribution to knowledge. Utilizing a marketing perspective, Chris analyzed the "market" for consumer behavior knowledge and concluded that a substantive domain focus was essential. Specifically, consumer research should address consumption-specific issues that the more general social sciences overlook. He included examples: consumer satisfaction, attitudes toward advertising, and brand relationships. In Chris' remarks we once again see the importance of research on substantive consumer behavior phenomena.

Debbie MacInnis and Valerie Folkes, in their 2010 examination of the disciplinary status of ACR, noted that ACR has, since its inception, aspired to be interdisciplinary. Debbie and Valerie cashed out what "interdisciplinary" would really look like. I especially like their diagram depicting the interdisciplinary model. Note the centroid of the diagram: Consumer Behavior Phenomenon. The examples they offer--materialism, gift giving, and obesity--make it clear that substantive consumer behavior phenomena need not be narrowly defined.

At this juncture, it appeared that some progress was being made in the quest for more consumption-relevant research, particularly in the TCR arena. Recall that TCR is avowedly oriented toward research that is beneficial to consumers themselves. In some instances, a spillover effect might be felt on public policy makers, as they seek to promulgate regulations that inform, protect, or otherwise benefit consumers.

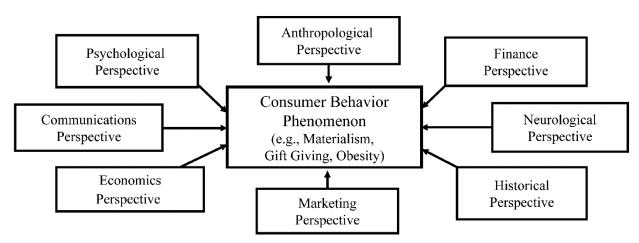


Figure 1: Source: MacInnis & Folkes (2010)

But what about ACR's other constituent--industry? What has been the track record with respect to producing consumer research of relevance to marketing practitioners? Although this question may not be of direct importance to all ACR members, the majority of us are employed in the marketing departments of business schools. It is not too much of a stretch to assert that at least some of us aspire to produce research that is relevant to marketing managers. Indeed, the Consumer Behavior Special Interest Group (CB-SIG) of the American Marketing Association has recently repositioned itself as operating at the interface of consumer research and marketing practice. Last year the CB-SIG initiated the Consumer Research in Practice Award for the best consumer research paper making a managerial contribution, and next summer is hosting its first conference (in Switzerland): "Managerially Relevant Consumer Insights: Crossing Boundaries," with the same emphasis.

Addressing the managerial relevance question head on, Lutz (2011) noted that much academic marketing research intended to address substantive marketing problems appears to fall short of the mark. Others had preceded him with that criticism. As Scott Armstrong (2003) observed, "Few papers in marketing journals would fall into the category of having findings that are useful" (p.71). Daniel (2009) offered an even harsher criticism: "...business journals consist almost wholly of articles written by professors for other professors" (p.3). Although it is certainly a worthy enterprise to conduct research that is primarily aimed at advancing science rather than practice by targeting other scholars, as we will soon see, that defense of our research relevance may be self-delusional.

At the 2010 ACR conference, we were treated to two powerful Fellows' addresses by my former colleague John Lynch and current colleague Joe Alba. Both of them addressed the need for more attention to substantive problems. John counseled:

"... if we would more often look to the substantive domain as inspiration for our research, three good things would happen. Our work will be of interest to a wider public, we will have more vibrant mutual influence with adjacent social disciplines, and benefit more richly from each other's work" (Lynch, 2011, p.15)

However, it was John's observation that our best researchers (and review teams) appear to think that every paper must make a theoretical contribution. As Brinberg and McGrath's (1985) Validity Network Schema (VNS) illuminates, the likelihood of making a meaningful substantive contribution when one sets out to make a theoretical contribution is severely constrained.

Joe's remarks, subsequently published in *JCR* (2012) as "In Defense of Bumbling," made a strong case for describing the "what" of consumer behavior before tackling the "why." He argues for the use of "abduction" (i.e., "informed curiosity") as a research approach. Note that this is very much in concert with Bill Wells' call for discovery-oriented consumer research. As Joe points out, consumer researchers' penchant for elaborate theories with higher-order interactions militates against communicating with marketing practitioners, whose burning questions more closely approximate main effects. In sum, neither Lynch nor Alba was enthusiastic about the "state of the art" in consumer research with respect to its relevance to practitioners.

In his 2012 ACR Presidential Address, Jeff Inman asserted that "useful, actionable" consumer research was "the elephant not in the room." He cited a recent survey finding that 40% of ACR's membership agreed that more substantive research is necessary and mentioned the TCR initiative as a move in that direction. Critically, Jeff advocated that our research "... should pass the 'So what?' or 'Who

cares?' test and offer useful insights to other constituencies: public policy makers, industry, and yes, consumers as well. Importantly, *relevance to other constituencies should not be a stretch*" (Inman, 2012, p. 2, emphasis added).

In order to generate truly relevant research, Jeff argued, consumer research needs to incorporate "consequential dependent variables" that entail participants' actual resources (e.g., time, money) as opposed to scale responses to a hypothetical scenario. Note that this recommendation tends to favor field research over lab studies or MTurk. Jeff also suggested turning to the substantive domain as a source of research topics, rather than exclusively pursuing theoretically-driven questions.

Jeff concluded his remarks with an important disclaimer, with which I agree wholeheartedly: "Am I saying that we should shift all our focus to research that generates useful insights? <u>Absolutely not.</u> I AM saying that we need to achieve a sustainable equilibrium between research that builds theory and research that applies theory to substantive issues to generate useful insights. Through this, we can form touchpoints beyond our academic colleagues and truly make a difference to practice and to society" (p. 4).

John Lynch and colleagues (2012) echoed Inman's basic thesis and offered some insightful approaches for addressing the perceived imbalance between theory-driven and substantively-driven research. Drawing on Ellison's (2002) analysis, they distinguish *r-quality* (in a nutshell, the rigor of the research in technical terms) and *q-quality* (i.e., "the importance of the paper's main contribution") (p. 474). They argue that it is much more difficult for reviewers to assess quality than r-quality and, consequently, q-quality tends to receive short shrift. This has the effect of squeezing out potentially relevant, if not as precise, contributions.

Lynch et al. further argue for greater use of inductive theory-building that originates with a substantive problem. Consequential dependent variables and field studies are suggested as useful mechanisms for pursuing q-quality. Recognizing that judgments of q-quality are inherently subjective and even idiosyncratic, Lynch et al. advocate a "champion" philosophy in the review process: i.e., at least one member of the review team should be very enthusiastic about the contribution of the research. Assessing the perceived importance of a research topic is thus a central challenge not only for editors but even more significantly for researchers faced with the decision of where to allocate their time and intellectual effort. We shall return to this point.

In his sobering 2013 SCP Presidential Address (and subsequent guest editorial in *JCP*), Michel Pham identified "The Seven Sins of Consumer Psychology." He thoroughly documented those sins as well as potential corrective actions because:

"Our research findings lack relevance and impact for both our external constituents (i.e., businesses, policy makers, and consumers) and our internal constituents (other consumer researchers and social scientists)" (Pham, 2013, p. 411, emphasis added).

Excuse me!? What?! The latter charge leveled by Michel sticks a pin (or perhaps a harpoon) into the protective bubble of those of us who have been contenting ourselves to be "relevant" only to academe and eschewing managerial or policy significance.

In support of this perhaps surprising assertion, Michel conducted an exhaustive citation analysis of *JCR* spanning 1994-2008. His findings? A small slice of articles (less than 10%) are "well-cited," averaging over 10 citations per year. But, "the vast majority – roughly 70% - hardly ever get cited [and hence] hardly [have] any measurable scholarly impact" (p. 412). These data points should

be a wakeup call for all of us! Time does not permit a full recounting of the seven sins Michel identified or his proposed remedies, but his paper is a must-read for any serious consumer researcher who wants to have an impact, either inside academe or outside.

While Michel's recommendations echo those of several previous scholars, e.g., the need for inductive theory-building, more attention to content rather than process, and more use of field studies, one recommendation in particular stands out: consumer researchers should "...increase their physical exposure to businesses, policy agencies, and actual consumers in the marketplace" (p.422). He proposes a "field-theory validation path" wherein academic researchers turn to industry consultants or other practitioners as a source of testable hypotheses. Michel's suggestion is reminiscent of Argyris and Schon's (1974) "Theory-in-Practice" approach and would have the desirable effect of grounding our research firmly in the substantive domain.

As we have seen thus far, the decade of the 'teens has witnessed a rash of soul-searching, breast-beating cries for greater relevance in consumer research. But we are not quite through yet. In their introductory *JCR* editorial, "Meaningful Consumer Research," Dahl et al. (2014) pleaded for more meaningful (i.e., "relevant") research. Relying on Wells (1993), they advocated a research approach that begins with a consideration of how useful the findings will be to the audience it addresses. They specifically encouraged considering audiences beyond other academics. Would that exhortation be sufficient to turn the tide?

JCR editors were not the only ones encouraging more relevance. In 2015 the Journal of Marketing Behavior launched. In his introductory editorial, Klaus Wertenbroch proclaimed "an opportunity for more relevance," with an emphasis on research "...that has relevant and interesting practical implications for decision makers, be they managers, policy makers, or consumers "(p. 1). Klaus drew inspiration from Pham's (2013) "seven sins" and noted that more established journals may have too much cultural inertia in the review process to readily implement an increased focus on q-quality rather than r-quality (in Lynch et al.'s terms).

In her 2017 ACR Presidential Address, Meg Campbell, one of *JCR*'s current editors, made an impassioned plea for greater research contribution, by which she meant "contribute to the understanding of consumer-relevant issues" (p. 1). To do this, she counseled that the research must "...<u>start</u> with a consumer-relevant problem." Being a good marketer, she also emphasized that researchers must actively consider the audience for their research. Meg worries that, as a field, we are not having enough impact, but proposes that a clear focus on understanding consumers is the path to greater research relevance.

Last but not least, earlier this year Meg and Jeff Inman were joined by their fellow editors Amna Kirmani and Linda Price in stating their editorial vision for JCR: "It's All about the Consumer." It is evident that they are trying to be change agents, which is certainly within their purview as editors. What are they seeking to accomplish? Among other worthy goals, they "...welcome consumer-focused papers that adopt non-deductive approaches to appropriately document and measure important effects... Manuscripts will be evaluated based not only on their conceptual contribution but also on the meaningful, practical insights they generate" (p.956). Thus, we see yet another call for more substantively-driven research.

Inman et al. further note that *JCR* articles "...have trended toward a focus on research topics that are of interest primarily to the academic community – in reality, often only a small portion of the like-minded academics" (p. 957). This observation squares with Pham's disturbing findings about the paucity of citations to much of our work. The *JCR* editorial team recommends careful attention to

the choice of research topic, keeping a firm focus on the consumer. In addition, they advise using "consequential" dependent variables that "...require participants to (a) invest a resource, such as money, time, or effort; or (b) experience a real outcome" (p. 957). Finally, they point to the virtues of field experiments, quasi-experiments, and ethnographic research.

WHAT IS "RELEVANT" CONSUMER RESEARCH?

Synthesizing the many calls for research relevance, as well as various proposed remedies, I suggest that relevant consumer research has the following properties:

- 1. A clearly-specified target audience; and
- 2. A focus on a legitimate consumer behavior phenomenon that is ...
 - a. Interesting (to the audience)
 - b. Important (i.e., not trivial)
 - c. Actionable (i.e., by the audience)
 - d. Potentially generalizable/transferable

Point 1 underscores the basic notion that relevance must be understood in relation to someone other than the researcher him or herself. *Someone* else has to care (Shimp 1994, Deighton 2007, Lynch et al. 2011, Inman 2012, Pham 2013, among others). Point 2 asserts that consumer research must concern itself with *consumer* behavior, not human behavior more generally (Lutz 1991, Wells 1993, Janiszewski 2009, Campbell 2017, among others).

Points 2(a) and 2(b) are self-evident and have been echoed by many, most recently Inman et al. (2018). Point 2(c) deals specifically with the implications of the research. How do the findings alter a marketing manager's decision-making or a public policy official's proposed regulation? Alternatively, how does the research change the way other scholars understand a phenomenon and conduct their own research on it? Ultimately, to be truly relevant, research has to change the target audience's beliefs and/or behavior (Simonson et al. 2001, Mick 2006, Wertenbroch 2015, among others).

Point 2(d) is a necessary recognition that our focus is on scholarly research that advances scientific knowledge. Points 2(a-c) could apply to a consulting project conducted for a firm or government agency. Relevant consumer research must be at least potentially transferable to other consumer contexts.

Two more qualities are not essential, in my view, but nonetheless could contribute favorably to consumer research relevance:

- 3. Natural settings
- 4. Effective communication to target audience

Both of those factors may be more applicable with respect to research aimed at influencing external constituents. Point 3 reflects the calls for discovering and/or demonstrating consumer behavior in the real world (Cialdini 1980, Lutz 1991, Wells 1993, Mick 2003, Alba 2012, Inman et al 2018, among others). Point 4 is inspired by the TCR movement's approach wherein research is "taken to the streets" to try to effect desired change. This suggests that the individual scholar should think beyond merely publishing in a top journal if s/he wishes to impact an external constituency. As many have noted, practitioners and consumers do not read *JCR* or *JCP*.

WHERE DO THINGS STAND - AND WHY?

The foregoing selective review of presidential addresses, fellows' speeches, and journal articles serves to underscore the field's desire for greater research relevance. From early attention to the concern dating back to the 1980s to the recent crescendo of voices (at least a dozen pieces in the past decade), the drumbeat has been steady, if not accelerating. By my rough count, the treatises I have cited herein represent the views of 18 ACR and SCP presidents,

seven ACR Fellows, and seven JCR editors. Yet, judging from the most recent editorial pleas, we are no more relevant in 2018 than we were in 1988!

Why has the perceived deficit in our research relevance persisted in spite of highly-respected scholars calling for corrective action? Are we tone deaf? Incompetent? Misguided? Many factors contribute to the lack of progress, some individual and some systemic. As individual scholars, most of us have been trained to value theory and conduct theory-driven research. (Note: this point does not apply to our CCT colleagues, who ground their research in observed phenomena.) We are naturally drawn to theoretical research; it is what we, and our colleagues, know best. Systemically, the review process at our major journals is ill-equipped to evaluate and nurture research that departs from the norm, as Lynch et al. (2012) persuasively argued. Publishing a substantively-driven piece of research in a major journal is a daunting prospect. The risks have far outweighed the rewards. Unfortunately, our obsession with theory has contributed heavily to our relevance deficit.

In a sense, when the field more or less embraced the "marine biologist" perspective over the "fisherman" perspective and placed little or no weight on actionable implications, it precipitated an unfortunate inward turn. This is rather ironic: that broadening the concept of consumer behavior should lead to a more inward orientation. How so?

Essentially, removing external constituents, whether industry or public policy makers, from the research enterprise has left us talking only to each other (and even that not very pervasively, according to Pham). We have lost a sense of checks and balances on our work. We were able to tell ourselves that we were addressing other academics or, perhaps, consumers themselves, but the real driving force was the review team at our targeted journal. Not unlike the physician who decides on and prescribes various pharmaceuticals to her patients, these four- or five-person review teams are the gatekeepers that determine the fate of our research. And we all know how unbiased, error-free, and uplifting the review process is! (Except for that damn Reviewer B!)

However, for those of us who work in business schools, the traditional reward structure for published research is beginning to evolve toward more attention to wait for it ... relevance. The specific term in the 2018 revised AACSB accreditation guidelines is "impact of intellectual contributions" (p. 18). The guidelines further specify that the school "...clearly articulate the contributions to society and are transparent to the public" (p. 19). While citation counts have assumed greater significance of late, citations rest firmly within the academic milieu and are not necessarily indicative of societal impact. The implication of the AASCB standard may be a higher bar for judging the quality of b-schools' intellectual contributions. It behooves us to stay ahead of the curve. As a field, we may be approaching a true relevance crisis!

HOW TO BE (MORE) RELEVANT

Let's suppose for a moment that you are an enterprising young consumer researcher who embraces the need to conduct more relevant research, especially with respect to external constituents. First, I strongly encourage you to read at least three key papers among those I have cited: Wells (1993), Lynch et al. (2012) and Pham (2013). These papers provide an excellent overview of the relevance issue as well as astute guidance on how to address it effectively. From there, how would you proceed? One recommendation that we have seen repeatedly is to initiate your research in the substantive domain. Identify a phenomenon of interest, and apply theoretical and observational tools to address it. However, this seemingly straight-

forward advice addresses only the *necessary* condition for attaining relevance, not the *sufficient* condition. As Wells so aptly put it, "all kidding aside, what does this really mean?" (Wells 1993, p. 498). Not all substantive domain phenomena are of inherent interest or importance. If one is serious about making a relevant contribution to an external constituent (industry, public policy), the most plausible place to begin is by understanding the needs of the audience. How many of us interact with marketing managers or public officials as we decide what to research? How much more productive might our entire research enterprise be if we were to take that step?

As I recommended in my 1989 JCR editorial, it would make sense for consumer researchers to "test market" our intended contributions with the audience we hope to influence before conducting the research. Furthermore, as advocated by Brinberg and McGrath (1985) and elaborated by Pham (2013), consumer researchers seeking to be relevant should consult with "systems experts" as a fertile source of research ideas. Following this sort of approach would greatly enhance the likelihood that a research project, successfully executed, would make a relevant contribution to its intended audience (Andreasen 1985, Wells 1993). Working "backward" from the audience (i.e., the market) is the mantra that those of us who are marketing professors drill into our students incessantly. We would do well to practice what we preach. Ideally, fostering a collaborative research relationship with marketing practitioners may have the added value of permitting consumer researchers to persuade practitioners of the value of seeking "win-win" solutions wherein the firm, the consumer, and society benefit from the firm's actions.

Of course, as scholars it is incumbent on us to attempt to explain marketplace phenomena, not merely describe them. In that vein, Cialdini's (1980) "full-cycle social psychology" is instructive. Deftly combining field observations (to establish that a phenomenon is "real") and laboratory experimentation to elucidate underlying processes is an excellent mechanism for ensuring substantive relevance.

In sum, several action strategies are available that can help an individual consumer researcher achieve greater relevance:

- Read (at least) these key papers—Wells (1993), Lynch et al. (2012), Pham (2013)
- Determine the target audience to be influenced by the research
- Consult with systems experts (i.e., target audience members)
 - a. Source of "theories-in-practice"
 - b. "Test markets" for proposed projects
- 4. Aim to discover new, important phenomena
- Use a combination of field and laboratory research (Cialdini 1980)
- 6. Engage in inductive theory-building
- 7. Proactively communicate insights to target audience

WHAT IS ACR DOING TO HELP?

As the primary international association dedicated to furthering consumer research, ACR has a responsibility to assist individual researchers in pursuit of more relevant research. Happily, two terrific examples of this sort of institutional support exist: the Transformative Consumer Research movement and the recently-established *Journal of the Association for Consumer Research (JACR)*.

Founded in 2005, TCR "... seeks to encourage, support, and publicize research that benefits consumer welfare and quality of life for beings affected by consumption across the world" (TCR tab on ACR website). Since its inception, TCR has held six biennial conferences, has awarded thousands of dollars in research grants, and

has been featured in numerous special issues of *JCR* and other journals. Significantly, TCR has attracted more than 500 consumer researchers globally, including some of our most productive scholars, such as one of today's new ACR Fellows, Punam Keller.

TCR exemplifies many desirable qualities of externally relevant research that I have been espousing today. Consider this graphic from the call for proposals for the 2019 conference.

Note how the process is ultimately solution-oriented, i.e., aimed at making a real-world substantive contribution. The initial step of identifying a significant problem explicitly draws on both internal (to ACR) and external (non-academic stakeholders) expertise. Dialogue and relationships are established that feed directly into theory-guided research. The final step envisions academic-practitioner partnering to implement recommendations. In other words, an entire ecosystem is in place to foster real-world impact of scholarly research. For consumer researchers seeking to make a positive difference in the world through their research, TCR offers a promising community of like-minded scholars.

JACR was launched in 2016 with much the same mission as TCR. As stated in the inaugural issue (p. 1, JACR's "... vision [is] that consumer researchers should be conducting research that has significant relevance to consumers, managers, and policy makers." The explicit aims are to focus scholars on research that is "high in relevance." JACR uses a "special issue" format to attract a critical mass of research on a particular topic, thereby drawing more attention to it, and all ACR members receive JACR as part of their membership benefits. A quick perusal of the first few years of issues is enough to easily recognize the more substantive consumer behavior focus. From the initial issue on the science of eating through ownership and sharing, to the evolving retail landscape, JACR is strongly focused on real-world phenomena.

These two relatively recent initiatives, both aimed at fostering greater research relevance, are noteworthy and underscore ACR's global leadership as a consumer research organization. These efforts are to be applauded. However, are they enough? If so, why have we continued to witness so many exhortations for greater relevance in the past few years? Is it possible that TCR and JACR and are a

bit too balkanized in their impact? In other words, does their admirable consumer relevance character "spill over" to other sectors in the more general consumer research arena?

WHAT ELSE CAN ACR DO?

In considering potential mechanisms whereby ACR might encourage more consumption-relevant research, two possibilities come to mind. One is basically an extension of TCR's annual call for research proposals, while the other derives from an idea I proposed for marketing scholarship back in 2011 and is a bit more radical. Both ideas are aimed at providing consumer researchers with some guidance in selecting research topics that are interesting, important and relevant.

Expanding the TCR model. Since its inception, TCR has been focused on research that has implications for consumer well-being. The 2018-2019 TCR Research Funding Call for Proposals lists more than 20 potential topic areas as examples of the sorts of investigations the TCR community views as relevant. This list represents a terrific starting point for potential TCR researchers. However, since TCR is explicitly aimed at consumer welfare, the topic listing does not include many other legitimate lines of inquiry within the consumer research domain, for example, public policy or marketing practice.

Therefore, I propose that ACR commission a task force to identify and publicize important substantive consumer research priorities. These priorities could be organized by constituency: practitioners, policy makers, consumers themselves, and other academic scholars. In order to fulfill its mission, the task force should include ample representation from each constituency. Similar to the Marketing Science Institute, ACR should revisit and revise the research priorities biannually. Care must be given to having representation of ACR's base disciplines (e.g., psychology, sociology, anthropology, economics) represented on the task force to ensure consideration of a broad range of potential topics and perspectives.

Collaborative problem definition. My more radical proposal draws on an earlier proposal put forth in Lutz (2011, pp. 231-232). ACR should consider establishing a mechanism whereby an author

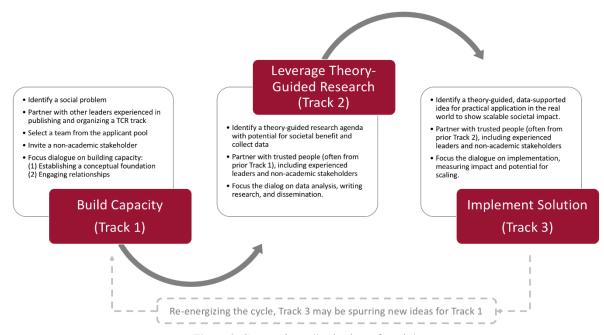


Figure 2: Source: https://tcr.business.fsu.edu/

could submit a prospectus for a potential research project and receive feedback from a panel of seasoned consumer researchers and systems experts. The prospectus would specify the intended audience and the nature of the intended contribution. An editor would select a small group of relevant experts and ask them to address this basic question: "If a research study successfully addressed the proposed problem, how important of a contribution would it represent?" Suggestions for improvement would also be solicited. Assuming a prospectus passed this basic test, the author(s) could then pursue the project with some degree of assurance that it is a worthy endeavor. Note that it would be important to establish this prospectus review independent of any particular journal in order to avoid any implication of eventual publication. Having reviewed more than a thousand manuscripts for possible publication during the course of my career, it is my strong impression that many of the unsuccessful ones would have failed the initial screening of problem significance I am proposing. Thus, the proposed system would not only have a positive impact on the relevance of consumer research, it would also result in greater system efficiency, as less time would be spent by authors, editors, and reviewers on ill-conceived research problems.

WHAT CAN THE JOURNALS DO?

I have discussed potential mechanisms whereby individual researchers and ACR can move consumer research toward greater relevance. From a systemic perspective, the third key component is comprised of consumer research journals. In the interest of time, I will focus my remarks on the field's flagship, the *Journal of Consumer Research*.

As I discussed earlier, the current editorial team has explicitly prioritized relevant, substantive consumer research. Their openness to publishing more substantively-driven research is crucial. However, additional steps need to be undertaken to bring their vision to fruition. As noted earlier, most consumer researchers are trained to conduct hypothetico-deductive research (Lynch, et al. 2012). Relatively few non-CCT consumer researchers (and reviewers) are expert at conducting (and evaluating) inductive research (i.e., research that begins by observing substantive phenomena).

In their *JCR* editorial, Inman et al. (2018) cite the Lynch et al. (2012) paper in support of multiple routes to generating consumer behavior knowledge and note the "strong headwind" that non-deductive, findings-focused research has faced at *JCR*. They continue ".... We urge that our associate editors, editorial board members, ad hoc reviewers, and authors...champion rigorous research that provides consumer insight with the use of either standard or 'nonstandard' methods and types of meaningful consumer data." Presumably, this exhortation includes tolerance for an inductive approach.

This may not be enough to steer the JCR ship in a more inductive direction. A tremendous amount of inertia is present in the system. Little guidance exists for those who wish to pursue an inductive approach. Lynch et al. (2012) included a brief section, "Criteria for reviewing" non-deductive substantive contributions. Likewise, Pham (2013) devoted a paragraph to criteria for judging descriptive consumer research. However, JCR has not yet provided sufficient guidance. For example, the JCR website's "Instructions for Reviewers" is silent with respect to the paradigmatic approach represented in the manuscript. In the "Tutorials" section, we find "A Field Guide for the Review Process," (Bagchi et al. 2017) that includes a single paragraph on the substantive domain. They state that "... different goals should be judged by different standards," but do not elaborate. Janiszewski et al. (2016) have an excellent tutorial on "Knowledge Creation and Knowledge Appreciation in Deductive-Conceptual Consumer Research" and note that "...it is the most popular approach." Morales et al. (2017) present an insightful tutorial on experimental realism that is implicitly embedded in a hypothetico-deductive paradigm. Surely, a companion tutorial on substantive-inductive consumer research is essential if the current editorial vision is to be realized. Authors and reviewers alike need more guidance. *JCR* and ACR should collaborate on more special sessions at ACR conferences, such as the workshop on consumer relevance scheduled for Saturday afternoon. Another possibility is a special issue or special section of *JCR* devoted to relevant consumer research, similar to the special issue on TCR in 2008. (To be fair, I should note that *JCP* encourages inductive theory-building by welcoming effects-based papers in its Research Reports section.)

In sum, following the lead of the TCR movement, a systemic effort is needed to instill a sustainable stream of substantive, relevant consumer research. It is incumbent not only on authors but also on ACR and *JCR* to effect this welcome change.

WE ARE NOT ALONE

Lest you feel that my assessment of consumer research relevance is too harsh, or you are left with the impression that ours is a particularly irrelevant collection of scholars, I draw your attention to the Community for Responsible Research in Business and Management (RRBM). (Again, these remarks are of most direct relevance to those of us employed by business schools.) RRBM was formed by a diverse set of 28 scholars from ten countries on three continents, representing all business disciplines (Glick, Tsui, and David 2018). To date, its principles have been endorsed by nearly a thousand other scholars.

In the initial RRBM position paper, "A Vision of Responsible Research in Business and Management: Striving for Useful and Credible Knowledge," the committee states, "...both the relevance and quality of research in business schools has been under attack for more than two decades" (p.3). They further elaborate what they call the "crisis of relevance" by identifying three pressing issues: "(1) Current research does not produce knowledge relevant for business purposes. (2) A strong orientation toward A-ranked journals distorts incentives towards a narrow focus ... (3) An over-emphasis on theory ... leads to a focus on form more than substance..." (p.11).

Furthermore, they observe, "...research primarily benefits the researchers who conduct it (for career advancement) and those who read it, which consists primarily of other scholars... There is low priority given to how research could benefit business and broader society" (p.12).

All of this sounds painfully familiar. RRBM has as its core mission furthering the collective goal of creating a better society through scholarly research in business. They have promulgated seven fundamental principles of responsible research (www.rrbm.network//position-paper). I invite you to visit the RRBM website and consider joining other leading consumer researchers who have endorsed these ideals.

PAYING IT BACKWARD ... AND FORWARD

A year ago, as I began thinking about my remarks for this occasion, my first thoughts were ones of gratitude. The ACR Fellow Award means a great deal to me, as ACR has been my primary professional identity for nearly 50 years. Yet I am here today, not due just to my own efforts, but also due to the inspiration and support of so many others. I wish I could have devoted my entire time to thanking them.

I begin by remembering the late Paul Winn, who was my principles of marketing instructor at the University of Illinois and later my Ph.D. colleague, who set me on this path by encouraging me to

pursue my Ph.D. At that point, I was planning to be a market researcher at the *Peoria Journal Star*, so you might say his suggestion made just a bit of a difference in my life! I also wish to acknowledge Jag Sheth, who gave me my first RA position in the Ph.D. program, taught me more than I ever wanted to know about multivariate data analysis, and has entrusted me for the last ten years with membership on the Sheth Foundation Board of Directors. Joel Cohen was a magnificent mentor and dissertation chair who was not only instrumental in launching my scholarly career but also lured me to the University of Florida nine years later. I also benefitted greatly from my other Illinois colleagues Peter Wright, Bobby Calder, Kent Monroe, Bob Burnkrant, Mike Munson, and especially my good friends Mike Houston, Bill Locander, and C.W. Park.

Hal Kassarjian at UCLA is my academic grandfather and set the tone in the department by epitomizing servant leadership. Jim Bettman embodied a scholarly standard of the highest caliber, and still managed to be a "wild and crazy guy." Noel Capon, Carol Scott, Bart Weitz and a youngster by the name of Debbie Roedder were incredible colleagues. What ever became of Debbie? UCLA was also the home to my first doctoral students – Jack Swasy, Joe Belch, and Scott MacKenzie. Channeling my inner Paul Winn, I literally plucked Scott out of our MBA program and nudged him into our Ph.D. program.

In my 36 years at Florida, I have been blessed with an amazing group of colleagues. In addition to Joel Cohen, who hired me, Bill Wilkie, Dipankar Chakravarti, John Lynch, Joe Alba, and Wes Hutchinson welcomed me in 1982. We were joined over the years by Alan Sawyer, Chris Janiszewski, John Sherry, David Mick, Barb Bickart, Robyn LeBoeuf, David Wooten, and Ratti Ratneshwar. Alan Cooke, Lyle Brenner, Aner Sela, Yang Yang, and Yanping Tu round out the current consumer behavior complement. It has been a true privilege to serve with so many talented scholars over the years.

I have also been fortunate to work with several gifted Ph.D. students at Florida: Doug Hausknecht, Bill Baker, Steve Holden, Chuck Areni, Susan Fournier, Betsy Moore, John Pracejus, Andrew Kuo, and Gia Nardini. In addition to these Florida Ph.D. graduates, there is another group of Florida alums who are near and dear to my academic heart. I met these young people when they were students in my undergraduate principles of marketing course. Most of them subsequently served as undergraduate teaching assistants for me and wrote their undergraduate honors theses under by direction. All of them went on to earn their Ph.D.s, some at Florida, others elsewhere. I am pretty sure that they would say that they would not have considered a Ph.D. in marketing and a career in consumer research without my initial encouragement. More than my scholarly contributions, they represent my legacy to the field, and I am very proud of each of them. Who are these people? Stacy Wood, Chuck Areni, Andrew Kuo, Katie Kelting, Stefanie Robinson, Leigh Anne Novak Donovan, Gia Nardini, Cammy Crolic, Emily Goldsmith, and Irina Toteva. You guys mean the world to me!

In closing, I thank my parents, Willis and Mary Kay Lutz, who encouraged a young farm boy to pursue his academic dream. My wife Rachel has been an unwavering supporter and has balanced my academic focus by nurturing a warm and loving family that has enriched my life immeasurably. Our sons Matt and Jon have blossomed into amazing young men. A contractor and a chef, they ensure a roof over our heads and food on our table! And Matt, in collaboration with his wife Amanda, has filled our lives with the joy and wonder of two precious grandchildren – Claire and Jacob. Sometimes life seems just too good to be true!

Thanks once again to my ACR family for making my ACR Fellows dream come true!

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